



Scottish Arts Council

spaces in between

Mental Health and Wellbeing through the Arts Conference

23 March 2010

Programme



healthier
scotland
SCOTTISH GOVERNMENT

Time	Programme
09.15	Registration with tea and coffee in main foyer, featuring work in progress 'case notes'
10.15	Welcome and introduction Welcome by Chair Penny Rae and introduction by Jim Tough, CEO, Scottish Arts Council
10.30	Short film highlighting arts and health work across Scotland
10.45	Opening address by Fiona Hyslop, Minister for Culture and External Affairs
10.55	Keynote 1 Juan Bautista Peña 'To wellbeing through culture and arts: the good old track' Inés Sanguinetti 'Arts within community: new scenarios for wellbeing'
11.40	Break
12.00	Keynote 2 'Case notes' Dr Mun Woo and Kirsty Stansfield explore the process and place of artistic practice in a health and wellbeing context
12.45	Lunch Buffet in the main foyer
13.35	Breakout session 1 Details on back page
14.20	Break
14.35	Breakout session 2 Details on back page
15.20	Break
15.40	Breakout session 3 Details on back page
16.30	Closing address by Shona Robison, Minister for Public Health and Sport
16.45	Conference closing and thanks by Chair Inés Sanguinetti to lead audience in three-minute interactive exercise
17.00	Drinks
17.45	Evening reception (for delegates who have pre-booked)
18.30	Performance – (optional) <i>Must</i> by Performing Medicine of Clod Ensemble partnership
19.45	Finish



Chair

Penny Rae is a writer and producer. She contributes regularly to publications about cultural and social issues and has written and edited work around issues of asylum and immigration, health care, the European community and the criminal justice system.

Keynote speakers



Juan Bautista Peña spoke at the recent World Alliance for Arts Education Summit at Sage Newcastle. He is an international health consultant interested in the arts and the partnership between these two sectors, and is the founder of Crear vale la Pena Foundation (see below) in Argentina. He will be joined by his wife **Inés Sanguinetti**, who is co-founder of Crear vale la Pena and especially skilled in Art and Health. Inés recently spoke at the First International Forum in *Arts: Bridging Health and Development*, organised by the Pan-American Health Organization and the World Organisation for Health (in Spanish, OPS / OMS) and the Latin American Art for Social Transformation Network (in Spanish, RLATS), of which she is President.

Crear vale la Pena ('to create worth') is a non-governmental organisation founded in 1977 that develops a programme of social transformation through art to reverse the exclusion and lack of opportunities that increasingly affects young Argentines in contexts of poverty.

'Case Notes' **Dr Mun Woo** and **Kirsty Stansfield** explore the process, context and place of artistic practice in a health and wellbeing context through conversations with an artist and a doctor.

Dr Woo graduated from medical school at the University of Sydney, Australia, in 1992. Mun then went travelling around Europe, landing in Scotland in 1993. She completed specialist training in Renal Medicine in 2001 and worked at the Western Infirmary/Inverclyde Royal since returning from Vancouver, Canada in 2005. Mun has championed a long-term creative arts programme for kidney dialysis patients which started as a pilot project in 2007 and has exhibited patients' artworks at national kidney meetings and the McLean Gallery, Greenock. In September 2008, she accepted an Innovations in Renal Medicine Award in recognition of efforts in developing the creative arts programme for dialysis patients.

Kirsty Stansfield is a visual artist with over 15 years experience working in the area of arts and health alongside her own art practice. Kirsty's work involves sculpture, sound, video, interactive installations and lots of conversations. She has worked with a broad range of practitioners from different fields, including: choreographer Colette Sadler, dancers, musicians, computer scientists and actors.

Breakout sessions

Finding Creative Identity – Visible Fictions

Blue room

Delivered by:

Suzi Morrice, Theatre Practitioner

Paul Gorman, Head of Education and Participation, Visible Fictions

Over the past two years Visible Fictions, in partnership with Polmont Young Offenders Institution, has supported young men to redefine their identity through a creative process.

Starcatchers – Imagine

Small studio

Delivered by:

Rhona Matheson, Starcatchers Project Manager, and Starcatchers' artists and representatives from partner organisations

This session will outline how the Starcatchers project is working with parents, carers and children to provide positive interventions at this crucial stage of child development.

Performance projects

YelloWing – Writer and Performer: Julia Taudevin

Purple room

YelloWing explores the relationship between creativity and mental wellbeing, challenging the logic of the persistent culture of prescription and restriction.

Cluttered – by Glen Dickson

Main studio

Cluttered, a new play by Glen Dickson, deals with the dizzy highs and extreme lows of living with Bipolar Disorder.

SICK – by Theatre Modo

Purple room

A playful, powerful and poignant clown show exploring the experience of being hospitalised.

Windows of opportunity – SDCMH

Gold room

Delivered by:

Niki Kandirikirira, Associate Consultant, Scottish Development Centre for Mental Health (SDCMH)

This workshop will explore the role of artistic practice and art practitioners in creating and managing arts space for people in, or transitioning from, institutional health and care settings, based on a process of reflective research with Art Angel, Art in Hospital and Positive Mental Attitudes.

Breaking Down Barriers and Building Bridges: exploring art in the healing environment

Silver room

Art, Architecture and Health in collaboration: working processes and challenges in two NHS bodies

Jackie Sands, Strategic Arts and Health Co-ordinator, NHS Greater Glasgow and Clyde, and Anne Moore, Curator NHS Grampian Hospital Art Trust (GHAT). This session will reflect on progress, working processes, structures and challenges in supporting arts commissioning and developing arts partnerships across NHS Greater Glasgow and Clyde and NHS Grampian.

Red Nose Coming – Hearts & Minds

White room

Delivered by:

Magdalena Schamberger, Co-founder and Artistic Director of Hearts & Minds, and Peter Lerpiniere, Alzheimer's disease nurse specialist at Borders General Hospital

This session will focus on the balance/imbalance between the innocence of the clown performer and the realities and experiences of the participants affected by dementia.



Performance

Must by Performing Medicine of Clod Ensemble partnership.

I have been 13 bodies in my life, this is only one of them.

In collaboration with Clod Ensemble theatre company, legendary New York performance artist Peggy Shaw takes the audience on a journey across the landscape of her own body. Produced by Fuel.